

# Knife Safety Guide



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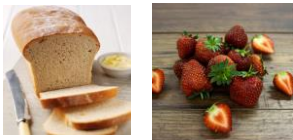




# Knife Safety



## Serrated Knives



**Serrated means a knife with a jagged edge.**

**Serrated knives are for cutting soft foods only.**



## Straight Knives



Straight knives are used for solid food.



## The bridge method



1) For safety, always use the bridge method

2) Create a bridge over the food with your hand.



3) Your thumb should be on one side and your fingers on the other.

4) This creates the bridge shape.



5) The knife sits under the bridge