

Who CASBA supports:

We help adults with learning disabilities in South Birmingham

What we do:

We help people with learning disabilities:

- Get their voices heard
- Make new friends
- Get out more and volunteer
- Be more active
- Feel less lonely



You can:

Join our Ambassadors

They represent and advocate for people with learning disabilities. They meet every two weeks.

Join our Link 18-25 Group

A group for young adults aged 18 -25, to meet new friends and learn about jobs. They meet every Thursday.

Get active and get outside

We help people to find activities they enjoy and help them to feel safe and supported to be able to get outside.



We can help:

People who:

- Are feeling low
- Want to get out more
- Want to make more friends

Why refer to CASBA?



We have been supporting people with learning disabilities in South Birmingham since 1988.

We are local. We know the area well.

All our staff work hard to meet each person's individual needs.

How to refer:

You can

Refer online:

[www.casba.org.uk/
contact-us/make-a-
referral/](http://www.casba.org.uk/contact-us/make-a-referral/)

Or call us:

0121 475 0777

Leave a message and we will call you back.

Charity Reg No:

701365



Our services:

Staying Healthy – help to get your health check

Branching Out – volunteer gardening project

Pregnancy to Parenthood

Self Advocacy

Link Self Advocacy Group

Link 18 – 25 Self Advocacy Group

Training for Professionals

Visit our website to learn more:

casba.org.uk

